



## S.C.A.S. COACHES' CONFERENCE 2009

### 7<sup>th</sup>. March 2009

#### *The Programme*

<b>9.00</b>	<b>Registration</b>	<i>with tea / coffee &amp; pastries</i>
9.50	➤ Welcome	<b>Colin Okin</b> Conference Organiser
10.00	<ul style="list-style-type: none"> <li>➤ How to spot an Olympian / Paralympian and what to do about it.</li> <li>➤ The work of the Performance Unit</li> <li>➤ Update on the TID programme</li> </ul>	<b>Barry Eley</b>  GNAS Performance Manager
<b>11.00</b>	<b>Refreshment break and Networking</b>	
11.30	<ul style="list-style-type: none"> <li>➤ Techniques in coaching able and disabled archers.</li> <li>➤ Bringing on the intermediate to the elite level</li> <li>➤ Coping with competition nerves</li> </ul>	<b>Tim Hazell</b>  National Coach to the Paralympics Team GB
<b>12.15</b>	<b>Lunch &amp; networking</b>	
13.00	<ul style="list-style-type: none"> <li>➤ Modern Technology</li> <li>➤ The Science of Archery</li> <li>➤ Benefits of the Beiter Archery Laboratory</li> <li>➤ Bow Tuning and Stabilization</li> <li>➤ Even Elite archers need help and advice</li> <li>➤ Fault finding and putting them right</li> </ul>	<b>Werner Beiter</b>  Founder of Beiter Archery Equipment
<b>15.30</b>	<b>Refreshment break</b>	
16.00	➤ <b>Question and Answer session</b>	
16.50	➤ <b>Closing remarks</b>	<b>Dave Squibb</b> Chairman of Coaches SCAS
<b>17.00</b>	<b>Close</b>	

#### **Notes:**

- **Our thanks go to SCAS for their generous financial support towards this conference.**
- **We would also like to thank Quick's Archery for arranging for Werner Beiter to make his presentation.**